

Local School Wellness Policy Adoption Timeline

February 2005	<ul style="list-style-type: none">□ Read PL 108-265 Section 204 Local Wellness Policy at www.fns.usda.gov/tn/Healthy/wellnesspolicy.html which states that each LEA by June 30, 2006 (participating in school meals program) must establish local school wellness policies.
March 2005	<ul style="list-style-type: none">□ Gather and review your school district's existing policies that address all coordinated school health components.
April 2005	<ul style="list-style-type: none">□ Appoint an individual responsible for the development and implementation of the policy and associated committees utilizing the Coordinated School Health Model (www.cdc.gov/HealthyYouth/CSHP/index.htm)
May 2005	<ul style="list-style-type: none">□ Establish a school wellness/school health advisory committee, if not existing.
August/ early September 2005	<ul style="list-style-type: none">□ Assess the school environment in the areas of nutrition education, physical activity, and other school-based activities. Tools to help you in this process:<ul style="list-style-type: none">• SHI (recommend at least Module 1) http://apps.nccd.cdc.gov/shi/• Coordinated School Health Programs Action Planning Tool www.californiahealthykids.org/c/@1b7r82hFj02y./Pages/cshp.html, select appropriate links under "Action Planning Documents".
September 2005	<ul style="list-style-type: none">□ Summarize the results of the assessment.
September 2005	<ul style="list-style-type: none">□ Gather sample policies, available at:<ul style="list-style-type: none">• National Association of State Boards of Education www.nasbe.org/HealthySchools/fithealthy.html• CA Healthy Kids Resource Center www.californiahealthykids.org• Team Nutrition www.fns.usda.gov/tn/
November 2005	<ul style="list-style-type: none">□ Draft the school wellness policy to address requirements, needs/issues raised in the environmental assessment, and current policy appropriate to your district.
December 2005	<ul style="list-style-type: none">□ CSBA sample including current legislation
January/ February 2006	<ul style="list-style-type: none">□ Submit the wellness policy to the school board for June 2006 approval.□ Develop a plan to implement the wellness policy, review progress on a regular basis, and report back to the school board on a regular basis.

For resources and assistance in developing your School Wellness Policy, please contact:

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