

Get with the Program

Scenario:

Speaking before the School Health Center Policy Briefing Event in Los Angeles on February 27, 2009, State Superintendent of Public Instruction Jack O'Connell said, "And so, it is critical that we work together with our elected officials and our school-community partners to develop and implement a model of school health services for California that appropriately addresses the health needs of students while they are at school and keeps them healthy, fit, and ready to learn." Your team is a group of students, school nurses, administrators and teachers. You have been asked by the Board of Education of your school district to make a multimedia presentation proposing a model for a school health program.

Possible topics to cover (these are only suggestions and are not a requirement for a superior presentation):

1. Why do you think there is so much public attention being paid to health in our schools?
2. Is there any scientific evidence showing that good health is important for learning?
3. What components should be in a school health program?
4. Do students at your school think there is a need for a health program?
5. How is your school currently addressing the issue of health?
6. In light of the H1N1 flu, has your school adopted any policies to reduce the chance of spreading diseases?
7. Has your school made any health policy changes in the last few years?
8. Who should be involved in developing a school health program?
9. What is the reaction of other students to your proposed health program?
10. How will you get students and teachers excited about your program?

Possible Sources

Newspapers, health experts, school nurses, public health organizations, teachers, encyclopedias and Internet websites.

Email or interview experts with questions about the topic.

Internet links for additional resources are on page 2 of this scenario.

Bibliography

Be sure to have a printed bibliography to hand to the judges before you begin your presentation. You are encouraged to cite all of your sources including graphics. A simple web tool to organize your bibliography can be found at <http://citationmachine.net/>.

2009 CyberQuest 4th Grade Resources

Center for Disease Control: <http://www.cdc.gov/HealthyYouth/CSHP/>

Presents working descriptions of the eight components of a coordinated school health program.

California School Boards Association:

<http://www.csba.org/NewsAndMedia/OtherNewsletters/LinkToLearning/2008/Fall/InThisIssue/SHAC.aspx>

CSBA established a School Health Advisory Committee in August 2008. The School Health Advisory Committee will help research, study and inform CSBA's school-related health policy position.

Also, <http://www.csba.org/EducationIssues/EducationIssues/Wellness.aspx> : Student Wellness

California Department of Education

<http://www.cde.ca.gov/nr/sp/yr09/yr09sp0227.asp>

State Superintendent of Public Instruction Jack O'Connell spoke before the School Health Center Policy Briefing Event in Los Angeles on February 27, 2009.

<http://www.cde.ca.gov/ls/he/cs/resources.asp> : State and national resources for implementation of coordinated school health.

State of Texas School Health Program: <http://www.dshs.state.tx.us/schoolhealth/>

Four major projects make up the **School Health Program**. To visit a project site, click on any of the categories listed above or at the top of the left hand vertical column. Additional school health-related topics of interest are listed in the **REFERENCE CENTER**.

Medline Plus: <http://www.nlm.nih.gov/medlineplus/schoolhealth.html>

School Health: A service of the U.S. National Library of Medicine

California School Health Centers Association: <http://www.schoolhealthcenters.org/>

The California School Health Centers Association (CSHC) is the statewide organization leading the movement to put health care where kids are -- in schools.