



Tulare County Office of Education | CHOICES TUPE Newsletter

GRADES 5-12 | ISSUE: 25 | March 18, 2022

Environmental impact from vaping and smoking

The CHOICES TUPE program helps students understand the consequences of unhealthy decisions such as choosing to use tobacco, alcohol, and other drugs. Through the program, students discover information and build skills they can use to successfully transition through important life milestones.



Environmental impact

- Single use plastic pods receive significant attention for the damage they bring to our environment. They create more waste than reusable products, and they can take many years to break down.
- Most vape pods end up as litter, while cigarette butts make up 30-40% of all items collected in the international coastal and urban cleanups.



Thirdhand smoke

- Thirdhand smoke is the residue from cigarettes, e-cigarettes, vaping devices, and other tobacco product that collects on nearby surfaces.
- These dangerous chemicals cling to walls, carpets, car interiors, clothing, and hair. They leave behind residue that is becoming more toxic over time.

Be the change



Be mindful of the impact smoking can have on our bodies and our environment. Our decisions do not just impact us personally, they also impact those around us. One way we can help is to spread the word through our social media accounts to educate and bring awareness to the dangers of vaping.



Video resources

youtu.be/CFi0uW9FHNE (Vaping devices impact on the environment)

youtube.com/watch?v=n5K4oIXrCo8 (Cigarettes impact on the environment)

“If we did all the things we are capable of, we would literally astound ourselves”

-Thomas A. Edison

 Website: tcoe.org/CHOICESNewsletter  Contact: 559-651-0155  Email: tupe@tcoe.org



Tulare County
Office of Education
Tim A. Hire, County Superintendent of Schools