



Tulare County Office of Education | CHOICES TUPE Newsletter

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Friday Night Live (FNL)

The CHOICES TUPE program helps students understand the consequences of unhealthy decisions such as choosing to use tobacco, alcohol, and other drugs. Through the program, students discover information and build skills they can use to successfully transition through important life milestones.



FNL

April is California Friday Night Live month. This month we celebrate the positive impact the statewide Friday Night Live (FNL) program has had on California young people for nearly 40 years. Through FNL programs, young people have been encouraged to advocate for themselves around issues affecting their lives – issues including traffic safety, the availability of drugs and alcohol, and teen gambling.

- FNL was developed in 1984 in Sacramento by the California Department of Alcohol and Drug Programs.
- FNL creates partnerships for positive and healthy youth development that engage youth as active leaders and resources in their communities.



Programs and areas of focus

FNL programs help elementary, middle, and high school students build resilience to tobacco, drugs, and alcohol, while mentoring them to be leaders on their campuses and in their communities. Program and focus areas include:

- Club Live
- Friday Night Live Kids (FNLK)
- Friday Night Live Mentoring (FNL M)
- California Youth Council
- Tobacco use prevention
- Traffic safety
- Gambling
- Other drugs



Impact

FNL partners with eleven major organizations. Some include the California Department of Health Care Services (DHCS), California Highway Patrol (CHP), California Department of Public Health (CDPH), and Tobacco Use Prevention Education (TUPE). These partners support the programs that are provided to students throughout Tulare County. They encourage the reduction of problem behaviors, increases in academic success, attending higher education, or securing a full-time job.



Resources

fridaynightlive.tcoe.org (FNL website)

“Every choice comes with a consequence. Once you make a choice, you must accept responsibility. You cannot escape the consequences of your choices, whether you like them or not.” – Roy T. Bennett

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